

# Controlled Remote Viewing and Era III Medicine

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“The problem is, the skeptics and the materialists won’t look at non-local data at the level of biology and psychology. They will grant you that non-local phenomena occur at the quantum level--the level of the very small, such as atoms and subatomic particles. That has been proven beyond a reasonable doubt. But the notion that these things can happen at the level of the psyche and at the level of biology is just not being entertained. They have some classical ways of dismissing the kind of data that I have been focusing on. They paint it with the term, “parapsychology.” They will say, “Oh, that’s just parapsychology.” But it doesn’t matter what it’s called. The real question is, “Is the data good?” And if the data is good, then the materialists are in a world of trouble, and the materialist way of looking at things by saying that “It’s just all matter and energy” falls flat on its face.” (Dossey, MD)

## Introduction

The art and science of medicine, with its specialties and subspecialties, utilizes critical thinking skills as intrinsic catalyst as well as evaluation tool for dynamic growth. As the understanding of time, space, consciousness physics and non-locality changes, our understanding of humans as holistic systems within systems must change with it. It is imperative that the world of medicine take a pro-active and strategic position monitoring conceptual research and development across all scientific disciplines to optimize our understanding of human science and the human condition.

“In parapsychological research, for instance, there are now four established, well-replicated, protocols used across many

laboratories, researchers, and participants that reliably produce results based on the ability to acquire nonlocal information. These protocols individually now show an effect at the six sigma level, which is to say, one in a billion, where one in twenty would be considered significant evidence. The four protocols are remote viewing, Ganzfeld, random event generator influence and presentiment.” (Schwartz)

This article will provide information with a focus toward Era III Medicine by:

- 1) utilizing data collection from human interaction with and within the nonlocal environment through remote viewing using the expanded Stanford Research Institute (SRI) Controlled Remote Viewing (CRV) data collection model demonstrating human diversity and inclusion as developed by Lyn Buchanan, (CRV) trainer
- 2) discuss considerations regarding the impact of human science, cultural diversity and inclusion as they affect the interpretation, analysis and scoring of remote viewing data by remote viewers in the training process.
- 3) offer introductory thoughts contrasting previous analytic scoring models with less emphasis on diversity and inclusion used in research compared to Buchanan’s use of individual scoring as a learning tool as students practice toward operations / applications.
- 4) provide several hands-on examples of remote viewing sessions documenting sensory perceptions and sketches across time and space by “ordinary people.”

## Background: Era III Medicine

Defined by Barbara Dossey, PhD., RN, "Era I Medicine is medicine with an emphasis on the material body. It is guided by the laws of Newtonian physics; it does not consider the effects of mind and consciousness; it is focused on local states of consciousness.

Era II Medicine is body-mind medicine. It involves psychoneuroimmunology, relaxation, imagery, and music therapy. It is focused on local states of consciousness.

Era III Medicine is non-local medicine. It focuses on non-local states of consciousness and emphasizes the power of consciousness. According to Era III Medicine, the mind does not operate only within the individual body. Rather, minds are omnipresent, infinite, universal, and spread throughout space and time." (Dossey, PhD, RN)

## Background: Remote Viewing

Defined by Paul H. Smith, PhD., "Remote viewing (RV) is a skill by which a person (a "viewer") can perceive objects, persons, or events at a location removed from him or her by either space or time." (Smith)

The theory, methodology and structure of CRV was developed by SRI as an adjunct information-gathering tool. Eventually this model would be used in operations by the United States Military Intelligence Unit STAR GATE. A full explanation of the CRV six stage methodology is beyond the scope of this article. For a more in-depth understanding, the Defense Intelligence Agency (DIA) Remote Viewing Manual of CRV structure and letter of endorsement by Ingo Swann, principal investigator, can be found at the Remote Viewing Instructional Services website. (Smith)

A brief, introductory definition of CRV for the novice reader would be that, without using their normal five senses, the student of remote viewing is learning how to develop their intuition and the communication of information using their conscious and subconscious minds through gradual stages of training and practice. Whether the distance is two miles, twenty miles or two thousand miles, using double-blind, controlled conditions during a remote viewing session, students learn how to mentally "establish site contact" and write and / or sketch sensory perceptions that describe gestalts, activities, events, topology, people and concepts across time and space at any real-world, global location.

The physical, kinetic aspect of CRV is demonstrated by the physical act of perception recording and use of advanced three dimensional modeling tools such as clay, blocks or sand. After the session the student compares the written transcript against a feedback image or images, with accompanying information about the location, then scores the session for data

collection and individual learning purposes.

## Background: Psychology Research

Funded by the United States Central Intelligence Agency, SRI incorporated at least two scientific psychiatric testing and evaluation methods in their research and development of CRV. The pioneer remote viewers were given the Halstead-Reitan Neuropsychology Test, with results showing "high levels of proficiency in certain spatial tasks" that were correlated with data "obtained by the Department of Psychiatry, Palo Alto Medical Clinic." (Puthoff)

As we look at the neurocognitive knowledge base and testing mechanisms involved in the Halstead-Reitan Battery, the depth and efforts employed by SRI in their attempt to better understand and document these mental, physical and emotional aspects of the human experience in 1972 is clear. "It must also be kept in mind that we live in a world of time and space as well as in a world of verbal communication." (Reitan, Wolfson)

SRI not only introduced the concept of human interaction with and within the nonlocal environment with scientific CRV protocols and methodology, but additionally developed the six stage mind-body praxis model that would demonstrate and replicate the conscious and subconscious minds working together on a common task. The four modes of the CRV training process were designated as research, training, practice and operations.

## Remote Viewing Protocols

The Remote viewer is always completely blind to the target. Anyone interacting with the remote viewer while collecting information must also be blind to the target. (McMoneagle)

## Evolution of CRV Theory and Methodology

Originally remote viewing sessions were assigned latitude and longitude coordinates, but the concern was brought forward that viewers would eventually be able to remember what part of the globe the tasking was related to. As a result, the decision was made to change the name from "Coordinate" to "Controlled" Remote Viewing to avoid inadvertently negating the blind status of the tasking (question asked of the subconscious mind). Training programs using several remote viewing methodologies with data collection are currently in use throughout the remote viewing community. Some trainers have incorporated changes into the initial methodology, creating new versions. Some, but not all, are directly descended from the original (SRI) research and development of CRV.

Others in the community feel it is time to evolve the current language, away from "remote viewing," toward new terminology such as "nonlocal perception" and "anomalous cognition."

For the purposes and remainder of this article, the protocols, theory and methodology of CRV developed as an operational training program will be used, with a focus toward human science and the science of psychology.

## Operational CRV

Specific language and terminology evolved and roles and duties of team members were defined as the student moved through each of the training stages. (Coordinate Remote Viewing Stages I-VI and Beyond). Team members for each session were designated as the tasker (person who decided the question to be answered by the remote viewing session and assigned coordinates), viewer, monitor, analyst and project manager.

In the initial phases of CRV research and development and later, during classified military intelligence operations, a small core group of specially selected remote viewing trainees had the luxury of working with monitors during their sessions. Protocols dictated the type of session as Class A, B, or C.

In Class C sessions, monitors were aware of the target but viewers were blind. Monitors gave viewers feedback immediately as perceptions were documented during the session. Class B sessions were double-blind, with monitor and viewer blind to the target and feedback was given to both post session. Class A sessions were operational, or simulations. The monitor was usually blind to the target, occasionally analysts or observers were present who knew the target and feedback was variable, based on confidentiality and tasking requirements.

Post declassification and movement of the CRV process into the civilian sector presented new challenges. Training mode is brief and working at home alone, students move rapidly into practice mode out of necessity. CRV trainer Lyn Buchanan, Problems>Solutions>Innovations (P>S>I), former member of the military intelligence unit STAR GATE, teaches students to combine monitoring and viewing skills throughout their sessions. Incorporating both roles enables the viewer to utilize various tools formerly assigned to the monitor, optimizing session results.

Remote viewing, with its hands-on session confirmation gives the student an eye-opening, "what it looks like" appreciation of describing a distant location under blind conditions. Many students are naturally intuitive, bringing a history of their life filled with previous "psychic" events, but novice or known psychic, the student is now faced with a written transcript of what they previously thought was impossible. This realization can be a welcome confirmation as well as an unsettling experience as personal paradigms shift. As a result, several CRV training programs incorporate discussions regarding the transformational effects that developing the intuitive process may have as the individual growth process begins. (Surel)

The extent and weight of the individual viewer's memory was specifically addressed and incorporated into developing session-analysis protocol. "The act of remembering an experience and bringing it to consciousness at a later time requires an association, which is formed from the experience, and a "retrieval cue," which elicits the memory of the experience." (Memory – Psychology)

The initial hand-picked core group of pioneer remote viewers, then the slightly larger group of hand-picked military viewers, followed by the larger sampling of civilian viewers has brought increasing opportunities to study the diverse nature of the individual human experience through session scoring. The significance of a remote viewer's previously learned knowledge, culture, communications skills, life experiences and the ability to associate those experiences with concepts and the resulting impact on session success or failure was identified by the gifted natural psychic, Ingo Swann at SRI.

Pioneer remote viewer Helen Hammid was given a nuclear reactor as a practice target. Unknown to the tasker providing the blind target, Hammid had no prior knowledge of nuclear reactors. Without that knowledge she had no learned associative memory to recall information about nuclear reactors and as a result, her subconscious mind was unable to describe one. Without this previous knowledge or ability to describe what it was "looking at," her subconscious recalled, associated and described the closest concept of her personal, previously learned life experience: a teapot.

Hammid's "teapot-nuclear reactor" session was nearly judged a missed target until Swann recognized that individual conscious mind associative memory and previous knowledge and experience might have the potential to enhance or hinder the subconscious mind's ability to describe sensory data. When asked, Hammid confirmed she knew nothing of nuclear reactors. Eventually she was given another nuclear reactor as a remote viewing target and this time her subconscious was able to describe it accurately in her remote viewing session. (Swann)

## Session Results: Analysis vs Judging

In the SRI / military intelligence training program, Class C training provided guidelines for immediate viewer feedback:

**Site (S):** indicates the site has been correctly named for the specific stage being trained. Indicates that the session is completed.

**Correct (C):** Indicates the information is correct in context with the site location, but is not sufficient to end the session.

**Probably Correct (PC):** The interviewer, due to limited feedback materials, while not sure, believes that the information provided is correct.

**Near (N):** This indicates that the information provided is not an element of the specific site, but is correct for the immediate surrounding area.

**Can't Feedback (CFB):** Indicates that due to limited feedback materials, the interviewer cannot make a judgment as to the correctness of the data. Neither correct or incorrect.

Negative feedback is not given. When the viewer incorrectly states an element of information no feedback is given. (Coordinate Remote Viewing Stages)

Buchanan brings an added scope of intelligence, psychology, culture and holistic diversity to the CRV training forum. He holds a BA in Psychology, a BA in Linguistics, an MA in Linguistic Psychology and has taught foreign languages in East Texas, as well as functioning as a military linguist, specializing in German, Russian, and Spanish. He was stationed in Japan for four years, where he also gained a proficiency in Japanese and Mongolian, becoming the only Mongolian linguist in all branches of the US military. After his assignment to Japan, he returned to the Defense Language Institute for another year to attend their higher-level Russian course and became one of only twelve Russian Scientific Research Linguists in the US Army. He is a member of Mensa and was a third generation Methodist minister prior to his Army service.

Buchanan's operations focused training program does not use the one in three or one in five chance match system for establishing a ratio of hits or misses. The evolving operational student is challenged with hitting one global location each session and describing it in increasing detail.

Buchanan also recognized that if the student does not have the situational background needed to describe a target, they may not be able understand and interpret their session results as well. As a result, he expanded the original SRI CRV scoring sheet with more specific categories. This provided students with a better opportunity to recognize, appreciate and utilize their diverse life experiences and backgrounds. It also encourages them to learn "thinking in concepts" and "thinking like a thesaurus." (Frisch)

Similar to the analogy of forcing "a round peg into a square hole," or a left-hand dominant person to write with their right hand, the viewer's subconscious may be forced accept negative feedback if their perceptions were scored according to the interpretation and expectations of a third-party judge instead of their own. Dunne and Jahn reported similar difficulties in their 2007 Princeton Engineering Anomalies Research (PEAR).

"In the course of generating the *ab initio* data, several participants had complained that the forced binary responses seemed somewhat inhibitory and incapable of capturing many aspects of their experiences, suggesting that this might have contributed to the deterioration of the results. It was clearly evident that many of the target scenes, and most of

the perceptions, contained ambiguous features that could not be answered easily with simple "yes" or "no" responses. For example, an agent might be indoors, but looking out a window at an outdoor scene and thus unsure whether to categorize the scene as indoors or outdoors. A feature might have captured the agent's attention during the target visitation, but not have been an integral component of the scene itself." These findings "provided an opportunity to clarify or redefine some of the existing questions that had posed occasional interpretational difficulties." (Dunn & Jahn)

The Cognitive Sciences Laboratory invented fuzzy set technology to enable research that would describe the "subjectivity inherent in human reasoning." While brilliant in its design for research purposes, it is less than optimal when used for session scoring as part of the learning process. One disadvantage is the labor-intensive process of deciding what perceptions will be judged as acceptable, prioritized and weighted for each specific target. Another drawback is the problematic interpretation of perception findings when based on the judges weighted values instead of the individual experience of the viewer as described by Dunne and Jahn.

"For example, even though you and a friend may both have the same theme in your top five [Strengths], the way this theme is manifested will not be the same. Therefore, each of you would receive entirely different, personalized descriptions of how that theme operates in your lives. These new Strengths Insights describe what makes you stand out when compared to the millions of people we have studied." (StrengthsFinder 2.0)

Recognizing that individual interests are key motivators in encouraging skill acquisition, in the early phases of training Buchanan's model encourages general site contact reporting. Similarly to any student field trip, remote viewing students report on numerous areas of interest regarding past, present and future of that specific target. Personal underlying interests surface and a pattern of viewer reporting consistency begins to emerge. These patterns prove invaluable in operations as viewing teams are built.

"Perception involves all the ways of becoming aware of things, people, happenings, or ideas. Judgment involves all the ways of coming to conclusions about what has been perceived. If people differ systematically in what they perceive and in how they reach conclusions, then it is only reasonable for them to differ correspondingly in their interests, reactions, values, motivations, and skills." (Myers & Briggs)

Buchanan's training program does not utilize the one in three or one in five match system for practice sessions. His model is a simple yes / no / maybe scoring of sketches and reported summary perceptions. One viewer might report mentally touching a houndstooth coat and describing a texture but the next will perceive and report it as a visual pattern. A viewer reports "gull sounds" but no gulls are visible in the seashore

feedback image. Past experience teaches us that gulls are often seen when we visit the seashore. In this instance, scored with a “maybe,” the student’s subconscious receives positive feedback without erroneously inflating session scores and percentage values.

Buchanan also encourages databasing of session perception results as a growth tool. A database allows viewers to track progress, strengths and weaknesses and gives project managers a tool for eventual assembling remote viewing teams based on tasking requirements.

The perceptions on the datasheet included in this article can also be found on page 237 of *The Seventh Sense*. It can be reproduced as a spreadsheet by anyone with basic software, or printed for hand scoring. I would recommend adding categories for scoring sketches (one Yes / No per sketch) and each gestalt. This enables mathematic calculations in the spreadsheet and eliminates the student’s need to remember to document them in the category “other.”

The “gifted ones,” the early remote viewing Masters set the standard with their legendary session results. Swann. Price. McMoneagle. Harary. Hammid. We who follow must remember that their ground-breaking sessions whose quality we can hope but doubtfully will ever achieve were part of a building process. Site contact achieved, breaks taken, re-taskings done, sometimes over several days or weeks, or even months before they declared “End Session.”

In conclusion, is the data demonstrating human interaction in the nonlocal environment any good? Other scientific disciplines may look to us, the remote viewing community, to provide the data which will, in turn, help them gain new insights, new perspectives and create the catalyst for change. We in the remote viewing community must, therefore, strive to be better than a ranking of “good.”

“We need to begin to focus upon and acknowledge this emerging Era III type data which shows the ability of the mind to function at a distance--irrespective of the spatial separation from the object of its concern. We need to begin to ask questions about what this may mean.” (Dossey, MD)

The following examples are excerpts of blind remote viewing practice sessions reviewed and discussed in a teaching environment online. The perception criteria as listed on the P>S>I scoring datasheet demonstrates human diversity and individual viewer interests. With each session these viewers are not only developing their skills and the ability of their conscious and subconscious minds to work together on an assigned task, they are developing patterns of known strengths. They understand that every time they work a target, it isn’t to learn something about the target, it’s to learn something about themselves.

## Acknowledgments

My sincere thanks to Lyn Buchanan, CRV Trainer, Problems>Solutions>Innovations, and former member of military intelligence unit Stargate for his commentary during the online remote viewing practice discussions facilitated by Aesthetic Impact Informational Services, LLC. Lyn’s generous donation of time and expertise continue to be an invaluable asset to the remote viewing community. To the remote viewers who shared their sessions with the hope that it might help someone else better understand themselves, I thank you.

**Aesthetic Impact Informational Services, LLC Remote Viewing Practice Target 120912 with Optional Move In Time Exercise. York Center School, Noble County Indiana**

### Blind Tasking:

1. Describe the building and its purpose in 2011.
2. Describe the building and its purpose in 1967 and 1968.

In Session Move Command Exercise: Move to the designated time and describe.

Teresa Frisch attended York Center School for the first eight grades. Located in rural Indiana in an agricultural area, it is surrounded by farms with animals, cultivated fields with crops, an asphalt road in front of it and a railroad track with a bridge a few hundred yards to the north and a river with a bridge another few hundred yards to the north of the railroad track. Construction is brick with a gymnasium with wood floors, terrazzo floors in the halls, a coal furnace, an office, a library and a cafeteria. To my knowledge this target has never been remote viewed and there is no feedback information on the internet. The school was closed and the building and grounds purchased by the Albion Apostolic Church and is currently still in use. Feedback images of the structure provided by Teresa Frisch.







**Jed Bendix, Intermediate Level CRV, location Northern U.S., partial summary results:**

A manmade which is yellow, huge, tall, thin, out of place, squirting which is orchestrated, soft, blue, green, climbing or rising which is ridged with the sound of snorting. The front-facing image does not show the lift-type piece of machinery with a cage for standing, on the north side of the building. On the north side of the structure is a piece of machinery with a bucket. A second image clearly shows the word "Masonry." Many of the viewer's perceptions would match with an industrial piece of machinery used to in or to repair brick construction. Using a basic judging method of scoring with one feedback image facing the building, Jed would be told he missed the target.



**Debra Katz, Intermediate Level CRV, location SW U.S., partial summary results:**

CRV student Debra Katz admitted that she learned something

about herself with this session. She found the original target "boring" and went looking for something more interesting. Moving in time as instructed to 1967 – 68, the old trestle bridge was still in place with school buses using it several times a day. Analytic Overlay (AOLs) name bridges and trains. AOL refers to conscious mind attempting to identify the target using nouns instead of describing it using perceptions. However, just because an AOL is declared and set aside does not mean it is not at the site. Often they will come back in session.

Debra reports: There is a manmade structure, Enormous, Bridge like – Bridgy, very wide, very tall, shiny, long, flat for part of it, narrow for part of it, connected into landscape, part of it missing, metallic, lattice like, fortified, crisscross, scaffolding like, glints in sun, crumbling, excising, might have been used for transportation, Something may fall off of it, round, hard, breakable, small pieces, large pieces, heavy, prickly, intense, "accident waiting to happen," "multiple variables," "wide gap," industrial, nature ambiance, SIDEWAYS MOVEMENT IMPORTANT! AOL – BRIDGE / DISASTER / ACCIDENT / Bridge Breaking Apart / TRAIN / TRAIN GOING AROUND BEND.

**Alexis Poquiz, Basic Level CRV, location NW U.S.,**

Stage III sketch drawn after declaring an AOL of [man waiting]. Known to any York Center student, Alexis sketched a man who is standing exactly how our Principal stood. If I were a customer wanting a question answered about this site in real-time applications / operations mode, and I was familiar with the site to whatever extent, I would consider this site contact. As such, if there were perceptions reported that I wanted further information about, I could choose to re-task a second session for finer detail or additional information at the site.



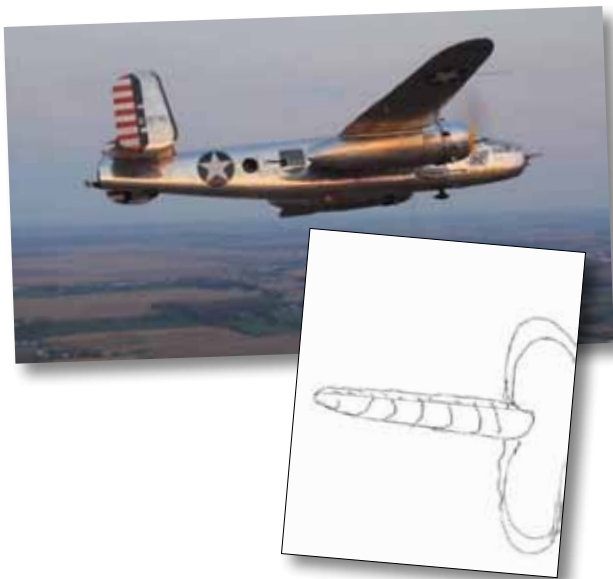
**Aesthetic Impact Informational Services, LLC Remote Viewing Operational Project Practice Exercise Target 120808**

**A Gathering of B-25's. Doolittle Raider Reunion 2012 – Wright Patterson Air Force Base, Dayton-Fairborn, Ohio**

Tasked as operational project management practice exercise, various viewers were tasked with different aspects of the event: the event, the location and manmade one (plane) and manmade two (hangar).

This feedback of this remote viewing practice exercise centers around a video of a ride inside a B-25 Bomber. The planes stage at Grimes Field, Urbana, Ohio and travel together for a reunion of the remaining few Doolittle Raider WWII Veterans at the Wright Patterson Air Force Base Museum in Fairborn /

Dayton Ohio. Grimes is credited with designing the pulsating lights in WWII aircraft. Several thousand people attend the ceremony, complete with autograph signing in the museum hangars. Links for feedback videos are provided below. Please watch for a better understanding of the event and feedback results and utilize the internet for further information.



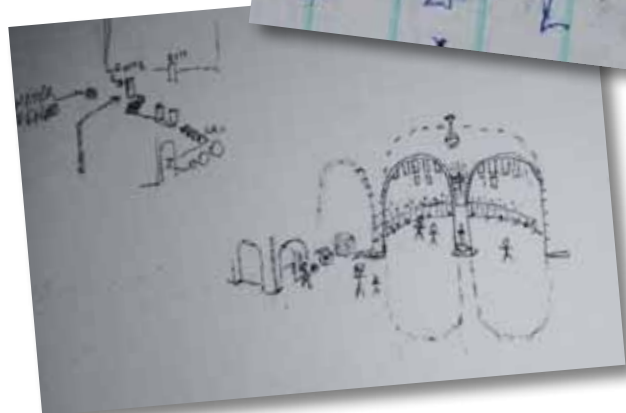
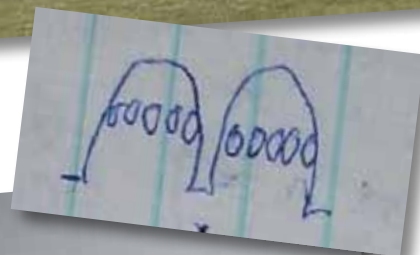
**Jed Bendix, Intermediate CRV, location Northern U.S., partial summary results w/sketch:**

The manmade is round, orbish, vertical, circular, huge, which has a motion of upwards, angular, sharp, jiggling, which has a composition of solid, metallic, what makes it work is like jello, which has luminance of reflective, shiney, silvery, which has propulsion.

**Viewer Six, Advanced CRV Operational Training, location Western U.S., summary results:**

Target is a manmade. Target has elements of manmade, technical, educational, male. Manmade has an overall square shape, rather beautiful in its design and how it pulsates. Certain areas have an aperture that opens and closes similar to a camera lens that is emitting a reddish soft light or maybe the environment is giving that dim watery cast like looking at something underwater. Appears to have some sort of ceiling like looking up while sitting on the ocean floor. Bottom of the manmade appears to be embedded into the surface. Appears to be rather large as if the manmade is the tip of the iceberg. At the top of the manmade there are vent like areas that open and close sort of like conveyor belts that are stationary. At the left of the manmade there are vertical lines patterns metallic silver in color. They appear to run the length of this area. To the right of the manmade there are circular shapes that look like portal windows on the side of a ship. Markings on the manmade – there appears to be a single star shape located upper midway on manmade. There appears to be a number serial located to the lower left foot area. General appear-

ance resembles a tower or monument like Big Ben in England or Washington Monument. The manmade of given a name (male). General purpose of manmade – initially it was educational, an icon of sorts. Other things at the site – temp is cool, weather is overcast, able to see distance areas. Sounds clicking like a clock ticking or water dripping. Clanging bell like sounds sort like a water buoy bell at sea. There is an area that has notable steep drop off point. Noticed a few chemical like smells close to manmade but no exterior area smells. Could be in water or space. Bios – scene from distant past, men were clapping as if at a ceremony or dedication of an accomplishment. Phase / Stage 7 – Song Bridge Over Trouble Water, Simon and Garfunkle.



**Russ Evans, Freestyle Remote Viewer, location Western U.S., partial summary w/re-tasking sketch for more detail:**

Man-made is structural, interior is expansive, and echoes, double arch of large cut stone, reveals 2 pass thru opening, a wall mounted lantern, between the arches, its electric peppering of dimples on the wall surrounding this fixture. There is a line of staggered glassiness elevated in forefront center. Forward of the 2 arches a large lobby, gathering area, high ceiling, dangling spiral cord globe under floats centered to left side. A rubbery figure left of the small 3rd sphere, this area is happy and noisy. Left of this a hall with woody trim, it turns right then left up few stairs to the rest rooms then a further distance briefly right to 2 exit/entry points. One entry supports the incoming line of visitors, this line can wrap around the building at times.

## Aesthetic Impact Informational Services, LLC Remote Viewing Practice Target Exercise 120829 with Frontloading Exercise Opportunity

### U2 - Where The Streets Have No Name – Los Angeles Rooftop Republic Liquor Store Concert (Full Version - Live)

**Frontloading: The target is an event at a location. Describe the target.**

Note: Frontloading is optional, Viewer chose to take Frontloading. Frontloading is neutrally worded in two parts – one for the conscious and one for the subconscious minds. It does not give any information about the target itself, but allows the viewer to focus their work toward answering the actual tasked question after making site contact. In this example the viewer needed to remote view, out of every event and every location in time and space, just this “one” event. Her attention was caught by the motion of a beach ball, which is at the site. Bono kicks it off the roof at 1:04 in the video (see link below).

**Analyst Recommendation (Frisch):** Viewer Summary is reproduced in the order and format that it was received. While some of her summary perceptions would appear inappropriate for a concert location on a rooftop in an urban setting, however, based on a frame by frame evaluation of the feedback video, it is the opinion of this Analyst that the viewer made site contact. Without providing feedback information, this Analyst would question the viewer for clarification and reporting mechanism regarding two Biologicals and two Unknowns vs one of each. In this Analyst’s opinion her attention was caught by the motion of a beach ball, which Bono kicks off the roof at 1:04 in the feedback video (see link below). Viewer AOL (analytic overlay) of beach perceptions are noted. If this were an operational session and a real customer wanted more information about this target, I would recommend this viewer be re-tasked as appropriate.



**Jeane Ryan, Basic Level CRV, location United Kingdom, partial summary results:**

The target feels like an outside location beside water. There

are biologicals (humans) which are moving as described below.

**Air/Space:** Which is rising up high. It is cool and breezy and the colours present are blue and white

**Biological:** Which is human with dark, short hair, wearing a white suit. AI’s – pressure in the ears, eyes watering. There is a feeling of hanging or of being suspended.

**Unknown:** Which is going down, flipping over, going anticlockwise, falling or flying.

**Biological:** Which is heaving, dragging, of the head, moving and caught/stuck on the turn. AI – pressure in ears & nose. Feels like under water.

**Unknown:** Which is twirling, flipping over, turning, rotating, fast, energetic, skilled, driven, making a triple twist.

## Aesthetic Impact Informational Services, LLC Remote Viewing Practice Target 120926 With Move In Time Exercise

### Tip-Elizabeth Road Bridge, Formerly the Pennsylvania Through Truss Bridge, Tipp City, Miami County, Ohio



**Janine Barlow, Freestyle CRV, partial summary results w/sketch:**

I perceived a long, low building that was white or light-colored with a flat roof and some cement or pavement around it.

During the online target discussion, Lyn Buchanan, CRV Trainer explained that this viewer had made site contact and her perceptions that would correctly describe the bridge: long, low, white or light colored, some cement or pavement around it. Buchanan further explained that the viewer had used her conscious mind named / identified the structure as a building. “Strip away the nouns and the perceptions are correct.” When writing the summary, if you list the perceptions under



the gestalt, in this case manmade, it alleviates incorrect conscious mind identification and facilitates subconscious mind description.

**Aesthetic Impact Informational Services, LLC Remote Viewing Practice Exercise Target 121024**

**Urbana Depot Coffee House, Urbana, Ohio  
Historic Marker: Pennsylvania Railroad Depot**

Construction of the Columbus, Piqua, and Indiana Central Railroad started in 1850 and was finished in 1854. Later referred to as the "Panhandle Railroad," it ran from Columbus to Bradford. During the Civil War, the line carried supplies and troops and it was extended from Bradford to Richmond, Indiana. President Lincoln's funeral train traveled the route on April 29, 1865. Eventually, three railway lines crossed Urbana: the Big Four, the Pennsylvania, and the Erie. "Corn brooms," woolen cloth, horse carriages, and tinware were shipped by railroad to national markets and regular passenger service carried residents to destinations across the country, including Chicago, St. Louis, New York, and Washington, D.C.

The Pennsylvania Railroad built a new station in Urbana in 1894. The firm of Packard and Yost from Columbus, the architects of the Urbana Presbyterian Church, designed the station. Inside were a ticket office, bathrooms, central fireplace, and separate waiting rooms: one for men and another for women and children. The depot was also conveniently located near stations of other railroads serving Urbana, the Big Four and the Erie and is 46.751 miles from Columbus. In 1976, the station became part of the Conrail System. Since then, several businesses had occupied the depot until the Simon Kenton Pathfinders purchased it and sold it to the City of Urbana in a partnership to provide amenities for users of the Simon Kenton Trail. The newly restored depot was rededicated in 2007. (Historic Marker)



**Avaline Jewell, Freestyle CRV, location United Kingdom, partial summary results w/sketches:**

The target feels like an outside location where there are elements of land, manmade and biological. The overall target colours are white, cream, red, green and yellow. Voices and distant echoes are heard here. The overall temperature is cold outside and warm inside. The target is bright with high contrast to its surroundings. The land is level, hard, gritty and rough. The manmade overall structure is large, high and which mainly consists of hard, cold, smooth, white and cream coloured material which tastes stony. The top part of the structure is domed, curved and circular from above. At the top middle of the front of the structure is a circular, vertical, hallowed area which appears bright and feels glassy smooth. The lower part of the structure consists of stepped, gritty, horizontal which taste stony.

Above that area is a flat area which is red, rectangular and smells woody. Either side of the red area are verticals which are solid, smooth, curved with domed tops.



**Jewell reports:** The interior of the structure is bright and enclosed with an arch above. Inside this area it smells musty and woody. Within the structure there are dark, hard, smooth, woody smelling vertical and horizontal structures which contain many smooth, dark objects which slide and are coloured in many shades of red, brown and green. At the far end of the interior there is an object which is hard, solid, smooth, reddish brown and consists of verticals supporting a flat horizontal. There is a soft, flat, rectangular object on the floor which is green, blue, and yellow. There is an AOL of library room and feels like there are books or scriptures of historic nature kept inside. There is a biological which is female human being wearing red and by the object in the far end of the interior. {Images taken by Teresa Frisch for this exercise – in the left corner at the end of the room is a female student surfing the internet, known as the "world's largest library." The student is wearing a red shirt or sweater.}



**Janine Barlow, Freestyle CRV, summary results w/sketch:**

I perceived some sort of intersection with biological on or around it and a large structural element that could have been a building or a manmade item. There seemed to be buildings/structures on the side. I kept coming back to an intersection, a street, people and something tall and large...it could have been a building, but I also got a sense of a smooth triangular shape. I had a lot of difficulty with this one. I AOL'd it as the space shuttle.

**Commentary by Frisch, CRV Analyst / Instructor:** This viewer has not had any formal remote viewing training or knowledge of reporting mechanisms but her sketch shows a manmade / structure sitting at an angle at an intersection with two bicyclists. She sketches three "stepped" areas similar to the grain towers to the left of the structure. She declares an AOL of Leaning Tower; the domed top of the Urbana water tower can be seen above the corner of the white grain building on the

left. The Depot is located along a bike path and has several black, metallic bike racks around it. Enlargement of the image above her sketch reveals a bicyclist partially hidden behind the first (left to right) of three planters with pink flowers.



**Jed Bendix, Advanced Level CRV, location Northern U.S., partial summary results w / sketch and use of Stage 6 Tools time-line measurement:**

The target has aspects of biological, motion, history, luminance. In the 1750s there is New which is poor and Old Colonial, in the 1830s there is New which is Factory, coal and metal, in the 1860s there is New which is Helter Skelter, swarming which is victory, clothing, factory, in 1929 – 1930 there is New which is brick which is Masonite, hardworking, in 1970s there is New which is museum, relic, large city, vector. Other things I found at the site were a sense of historic importance and governmental involvement in conjunction with large business interest.

**Aesthetic Impact Informational Services, LLC Remote Viewing Practice Exercise Target 060607**

**The Iditarod Ceremonial Start in Anchorage, Alaska**



“Known as the “Last Great Race,” the Iditarod is a race across the beautiful yet rough terrain of Alaska. Covering more than 1,150 miles, mushers and their dogs cross frozen rivers, dense forest, rocky mountains, desolate tundra, and windswept coast in anywhere from 10 to 17 days. Running the Iditarod means enduring subzero temperatures, snow storms, wildlife encounters, and other unexpected difficulties.” (Beyond Penguins and Polar Bears)

**Jed Bendix, Basic Level CRV, location Northern U.S., summary with correct Advanced Visual of Target Site “Iditarod and dog sled race”:**

*Jed Bendix  
June 18 2012  
0156 CT  
Desk  
monit: none  
observ: none  
POCA: Iditarod  
Dog sled race  
POCD: fan  
Bugs on wind  
concussion  
SA: Iditarod  
Dog sled race  
fan  
Bugs on wind  
concussion*

The target has aspects of biological, manmade, motion and land. The biological has aspects of laughing, talking, fun, loving, furry, looking, climbing, hardworking. The manmade has aspects of perpendicular, round, huge, challenging, crowded, soft, rubbery, vertical, enclosed. The motion has aspects of climbing, hard to do, landing. The land has aspects of cloudy, dark, freezing. Other things I found at the site were a sense of accomplishment, wellbeing and happiness.

**Aesthetic Impact Informational Services, LLC Remote Viewing Practice Exercise Target 071401**

**Vietnamese Funeral Procession**

Frontloading: The target is an event at a location. Describe the human at the location. Give physical descriptor only of human.



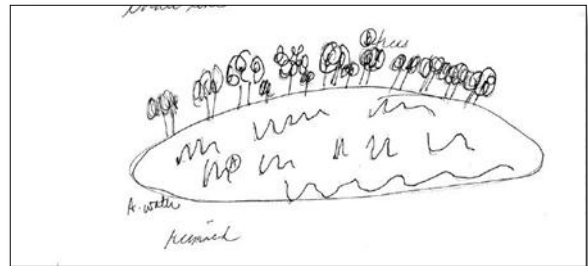
“In the funeral procession the writer witnessed, women carry a 3D-foot scroll. Covered with Buddhist scripture, it symbolically eases the passage of the dead into the afterlife; the wom-

en’s unlit straw torches represent illumination for that journey. Vietnam’s revival of interest in Buddhism closely followed the country’s economic restructuring.” (Smithsonian)

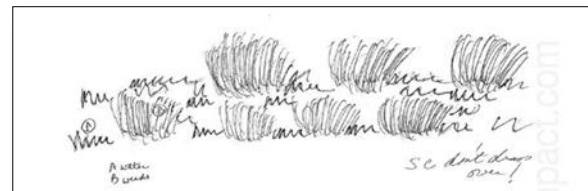
*01447  
2207  
De table  
mote none  
stomach none  
PUB none  
POD 111  
Environment  
Hatched in  
SA 707  
701  
Environment  
broken  
The target is an event at a location  
Describe the human at the location. Give  
physical descriptor only of human  
sc del dup*

**Teresa Frisch, Intermediate Level CRV, location Troy, Ohio, summary with two sketches and pre-coordinate / pre-site contact AOL / SC of “dead person.”**

The target has aspects of land, water, space, motion, man-made, biological and ambience.



The land has aspects of sloped sides which are like banks, alive, outdoors (ambience), nature-like, lake-like, ripple pattern, gentle motion, breezy, vast, border-like, rimmed, defined, cloudy, slappy sound, hollow sound, (AOL aluminum boat and power gone?), flat, many acres, farm country, sun setting, west, (AOL serious stuff), shadow, trees, dusky, sun-like, glowing, red, round, orangy red, ( AOL like a fire).



There are biological aspects of cold, white, wet, wrinkly, drowned-like, watery area, rushy like weeds, reed-like, green. The green is thin, weed-like, water plant like, swampy area, watery bottom, shallow, (AOL fisherman), many, clusters. (AOL real work and Diamond Lake). Walking, leggy, male, tall, hip waders, which are olive green. Hard to walk, boots stuck, carrying something which is heavy, struggling, sucking sound,

sloshy.

There is manmade (AOL pretty sure dead) which has aspects of wooden, desk like, platform like, (AOL gallows?), hollow under, elevated. There is rocky motion, lots of water (AOL Titanic and ship).

Note: Frontloading requested give only physical descriptors of human. Primary human at the site was the deceased. Early AOL / Stray Cat was “dead person.” The viewer’s subconscious mind answered the tasking question prior to the session, but the duty of the controlled remote viewer is to describe, not identify. Nouns are identifiers, designated by the conscious mind and should be declared and set aside early in the session. Later, in the S4 / P4 Matrix there are rules which allow nouns to be probed for information.

The AOL / SC “dead person” was declared and set aside to avoid hijacking the session and conscious mind castle-building. If AOLs are at the site, those perceptions will often repeat in session.

The feedback image also reveals other humans in the funeral procession, as well as one working at the far edge of the rice paddy behind the funeral procession.

The first sketch shows the area behind the procession, and perceptions are labeled to distinguish features of rimmed, water and bordered by trees. The second sketch is labeled and distinguishes tufts of “weeds” from water.



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**Teresa Frisch** is a Registered Nurse and currently works in a Level I Emergency Trauma Center. Her thirty-eight years of varied clinical and managerial roles within the field of medicine provide a wealth of holistically diverse situational models of the human condition, and provide the foundation for her study of applied intuition.

In 1992 she began to notice an increase in personal intuitive / psi experiences and realized that our medical knowledge of the human condition is far from complete. Eventually her empirical observations and studies of intuition led to the study of the Science of Controlled Remote Viewing. Her CRV studies with Lyn Buchanan include Certifications in Basic through Advanced Levels, Analysis with Project Management overview and a Post Graduate course in Medical Applications (enhanced guided imagery).

In 2011 Frisch presented a joint CRV / Nursing project at the Society of Rogerian Scholars Conference with intentions of publication. In 2012 she completed a recorded series of remote viewing tutorial webinars which can be accessed on her website, gave a Holistic Nursing Conference Presentation on Era III Medicine and Nonlocality and established services as a CRV Instructor and Analyst / Project Management Consulting through Aesthetic Impact Informational Services, LLC.

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## Aesthetic Impact Informational Services, LLC

**Aesthetic Impact Informational Services, LLC**, offers formalized CRV theory and methodology instruction as well as Analysis and Project Management Consulting Services. Free online remote viewing target discussions, open to both the entire remote viewing community as well as the general public are scheduled every two weeks. For those unable to attend, a roster of past discussion recordings is available at [www.aestheticimpact.com](http://www.aestheticimpact.com).

**Patricia Benner, PhD, RN**, recognized subconscious intuitive development in her book *Novice to Expert*. Her research is considered one of the gold standards of the nursing profession. My professional communication skills as a nurse, coupled with training as a Controlled Remote Viewer and Analyst enable me to create an atmosphere of individualized learning. Translating the concepts of CRV theory, methodology and terminology into "what it looks like" scenarios is what I do.

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